

PRINCESS CRUISES come back new*



ST. KITTS & NEVIS at a glance

Founded: The Federation of St. Kitts (or St. Christopher) and neighboring island of Nevis became independent from England in 1983. Around 1623, both the French and English divided St. Kitts.

Region: This two-island nation rests in the Leeward Islands of the West Indies, southeast of Puerto Rico.

Population: 51,300 (est. 2005)

Climate: St. Kitts has a tropical climate with northeast Trade Winds. Temperatures are pleasant, about 75°F to 85°F, year-round.

Language: English

Philipsburg

Basseterre

Currency: Eastern Caribbean Dollar (XCD). U.S. currency is accepted at most stores, but U.S. coins are not. Any change is given in XCD currency.

Explore St. Kitts and Nevis with a Princess Shore Excursion. Visit the Tour Office for more information.

World Heritage Site.

The oldest sugar plantation on St. Kitts was once owned by Sam Jefferson II, an ancestor of U.S. President Thomas Jefferson. The property contains ruins, petroglyphs, botanic gardens, and rainforest.

3 Caribelle Batik

Masters of the ancient Indonesian technique of wax-resist dyeing, the artisans of Caribelle Batik transform Sea Island Cotton into beautiful garments that are sold in the shop at Romney Manor.

The St. Kitts Scenic Railway is a vintage double-decker sightseeing train that showcases an historic sugar cane route. Refreshments and live entertainment add to the adventure.

ST. KITTS & NEVIS Port Guide



The Gibraltar of the West Indies. Brimstone Hill Fortress

THE BEST OF ST. KITTS & NEVIS

Don't miss out on the top Points of Interest in this port -Book a Princess Excursion and experience them for yourself!

1 Brimstone Hill Fortress

The Gibraltar of the West Indies boasts expansive views overlooking St. Kitts and Nevis. One of the best preserved military fortresses in the Americas, it is a UNESCO

2 Romney Manor

4 St. Kitts Scenic Railway

5 Plantations & Great Houses

Wealthy landowners during the early estate days of St. Kitts have left behind grand homes which have been restored and filled with antiques.

6 Pinney's Beach

Pinney's Beach is three miles long stretching from just outside of Charlestown to Cades Bay on Nevis. It is considered to be one of the loveliest beaches on this charming sister island of St. Kitts.

O Nevis

Once sprawling with sugar plantations, this reef-laden Caribbean gem boasts rainforests and tropical gardens that have enticed the likes of many a suitor, including the late Princess Diana.

8 Outdoor Adventure

Sailing, kayaking and rainforest walks are popular diversions for those seeking adventure.

9 Beaches

From Frigate Bay down the Southeast Peninsula, beaches with spectacular views await.

This two-island nation is the smallest in the Western hemisphere, both in area and population. Yet, people have lived here for more than 5,000 years. St. Kitts was the first island in the entire Caribbean to be settled. The French, English and Spanish wrestled over this Eden and paradise that it is. Of all the regions in the Caribbean, St. Kitts just recently opened up to tourism. It's only been its own country since 1983.

The astounding beaches, the lure for the more adventurous, the tropical rainforests, rivers and even a lake, the rich history, unique food and that ancient pastime of just to pleasantly browse and shop take the traveler to another calm and beautiful dimension.



View of Southeast Peninsula

Beginning

Prehistoric peoples from Florida, discovered St. Kitts and Nevis more than 5,000 years ago and the islands were inhabited by a variety of Native Americans. By the time Christopher Columbus sailed into this paradise in 1493, peaceful tribes inhabited the region. They were soon displaced by an invasion of the Kalinago peoples, but it was the English and French who settled in 1623 and 1625 respectively, curiously agreeing to share the isles.

It was during this time that the English designed and, through slave labor, constructed a renowned military installation known as Brimstone Hill Fortress. The largest in the Caribbean, and known as the Gibraltar of the West Indies, today it is both a national park and UNESCO World Heritage Site.

The early sugar empire

St. Kitts originally was a tobacco island, but because of competition from the Virginia colony, quickly turned to sugar cane. Slaves by the thousands were imported from Africa. Romney Manor, owned by an ancestor of Thomas Jefferson, flourished until the 1920s. It was built on the very grounds of the Carib chief Tegereman. Today, it's home of both the famous Caribelle Batik fabric crafts factory visited by the rich and famous and an ancient saman tree that takes up an entire halfacre. There are other sugar plantations on St.Kitts and Nevis, which depict the widely different realities of colonial life. Some of them can be seen via the historic double-decker old-time St. Kitts Scenic Railway train.

Nevis

Up until the late 19th century, Nevis was its own territory with an identity distinct from St. Kitts. A two-mile channel called The Narrows separates Nevis from St. Kitts. Aboriginal peoples named it Oualie – Land of Beautiful Waters. It was called "Queen of the Caribees" for all the wealth sugar brought the British Empire. At the time of the Revolutionary War, Nevis brought in more profit than all 13 colonies combined.

One of America's founding fathers, Alexander Hamilton, who is credited with designing the U.S. government, was born in Charleston, Nevis' capital, in 1755.

The islands quiet and most beautiful

St. Kitts and Nevis. Two beautiful islands. One beautiful paradise. Even with European influences, the voices of West Africa and ancient Caribbean civilization, one can see and hear all of this through the islands' music, food and festivals. Island breezes caress a land rich in story and beauty.

C DID YOU KNOW ?

Local cuisine

The local food of St. Kitts and Nevis is a bold fusion of local fruits, vegetables, meat and fish, influenced by African, Chinese, Dutch, Indian, Amerindian, British and Spanish flavoring. The rich volcanic soil produces unique avocados, calabash, cassava, squash, and a great range of peppers. Kittians prefer light and spicy meals, often with stew sauce, mango chutney or curry. Local dishes to try include:

Caribbean goat water stew: Besides being the national dish of Montserrat, this tomatobased medley is highlighted with breadfruit, green pawpaw (papaya) and dumplings.

Roti: A thick pastry filled with curried potatoes, chickpeas and beef, chicken, goat, shrimp or vegetables.

Pelau (also Cook-Up): Rice, pigeon peas and meat; similar to paella.

Conkies: A bit like a boiled commeal tamale. Cornmeal, sweet potato, coconut and pumpkin are often mixed in the dough.

Desserts: Jam Cake is a sponge cake with a jam spread (often guava); a local favorite.

Cheers!

St. Kitts has its own brewery, the Brinley Gold Company that produces brands laced with vanilla, mango and coffee, to name a few flavors. The national drink of the islands is Cane Spirits Rothschild (called CSR by the locals). There's also the island Belmont Estate and St. Kitts Rum factories.

What's in a name?

People on St Kitts are called Kittitians and on Nevis they are called Nevisians. The current name "Nevis" is derived from a Spanish name Nuestra Señora de las Nieves and the full name of St Kitts and Nevis is Federation of Saint Christopher and Nevis.

Symbolism

the country.

Taking flight

birdwatchers.

PRACTICAL INFORMATION

Shore Excursions: Passengers will meet at a specific location for each shore excursion departure. Please refer to your tour ticket and the Princess Patter for the correct place and time. Your Shore Excursion staff or our Tour Operator will be at that location to assist you. It's recommended that you drink bottled water while in port.

Docking: Your Princess ship docks at Port Zante in the capital of Basseterre. The pier leads to a collection of waterfront shops at the cruise terminal. From here it is a two-minute walk to the center of town.

Proper Attire: The weather is mild to warm. A light shirt, short and a long sleeved for the occasional cool evening.

Transportation: Taxis are not required to get to town. You can walk through Port Zante to the attractions of Basseterre. However, taxis are available at the pier. Fares are fixed and prices are posted at the pier. Taxi drivers receive 15% of the fare.

Beaches: White-sand beaches are in the Frigate Bay area (closest), Friar's Bay (1.5 miles further south), and the lower peninsula. A taxi is required. Expect chair rentals from \$3 to \$5. Or visit the beach on tour SKB-210 or SKB-280.

Shopping: The batik fabrics, clothing and wall hangings are must-haves from Caribelle Batik. The local rum is CSR (Cane Spirit Rothschild). See the colorful gallery of local artist Rosie Cameron, right by Independence Square. Most stores are generally open 8:30 am to 4:30pm, Monday through Friday. Recommended stores are open while the ship is in port.

Tipping: Suggested tipping is 10 to 15 percent for good service.

Banks: Hours are generally from 8:00am to 2:00pm, Monday through Thursday, and generally from 8:00am to 4:00pm Friday.

The brown pelican is the national symbol of

St. Kitts has over 770 species of birds. making the island a popular destination for

Circus relation

The capital city of Basseterre contains an area called the Circus which is named after the famous Piccadilly Circus in London.

Soaring heights

Mount Liamuiga, at 3,792 feet, is the highest point in the region.

Independence Square

Originally called Pall Mall Square, it was renamed when St. Kitts and Nevis achieved independence on September 19th, 1983.

Sugar cane

At the turn of the 18th century, St. Kitts was the richest British colony per capita in the Caribbean, due largely to the sugar trade. Sugar production lasted 365 years before ending in 2005.

Post Office: Located in the heart of town, open 8:00am to 3:00pm, Monday through Saturday, except Thursday when it is open generally from 8:00am to 11:00am.

Emergency Numbers: Emergency services - 911

Tourist Information Office: Tourist information will be available at the pier and at:

Pelican Mall Basseterre, St. Kitts Tel: (869) 465-4040

Princess Cruises Port Agent: In case of an emergency while you are ashore, please contact:

Hobson Enterprises, Ltd. Tel: (869) 465-8753

Tel: (869) 665-1980 (after hours)