

WHAT'S HAPPENING

MORNING

8:30am	Early Morning Stretch.....	Fitness Center, 12 Fwd
9:00am	Free Play: Daily Puzzle.....	Shake Spot, 5 Mid
9:00am	Pathway to Yoga \$.....	Fitness Center, 12 Fwd
9:00am	Guess The Price.....	Library, 5 Mid
9:00am	Guess the Weight.....	Art Gallery, 4 Mid
9:00am	Play Spin & Win.....	Art Gallery, 4 Mid
9:00am	L&Co Watch Gift Sets.....	The Main Event, 5 Fwd
9:00am	4 Free Wallet Photos.....	Pixels Gallery, 5 Mid
9:15am	Baby Turtle Trek.....	Ocean Plaza, 5 Aft
9:15am	BINGO Early Card Sales \$.....	Shake Spot, 5 Mid
9:15am	Morning Mimosas at EFFY (21+).....	Effy, 5 Fwd
9:15am	Deal or No Deal Winner's Circle (18+).....	Shake Spot, 5 Mid
9:30am	Military Appreciation Gathering.....	Liquid Lounge, 4 & 5 Fwd
9:30am	2 for \$30 T-Shirts.....	Lido, 10 Fwd
9:45am	Towel-Folding Fun.....	Ocean Plaza, 5 Aft
10:00am	Herbal Remedies for Health.....	Cloud 9 Spa, 12 Fwd
10:00am	Soccer Tournament (18+).....	Sports Court, 12 Aft
10:15am	Win A Cruise.....	Effy, 5 Fwd
10:30am	Debark Talk.....	Liquid Lounge, 4 & 5 Fwd
10:30am	Looking For A Little Lift?.....	Cloud 9 Spa, 12 Fwd
10:30am	Trivia: Game of Thrones.....	Ocean Plaza, 5 Aft
11:00am	Digital Scavenger Hunt.....	Atrium Lobby, 3 Fwd
11:00am	Improve Posture & Walk.....	Ocean Plaza, 5 Aft
11:00am	IMAX: Beetlejuice Beetlejuice (PG-13) \$.....	IMAX Theatre, 7 Fwd
11:00am	Effy Clearance Sale.....	Effy, 5 Fwd
11:15am	Groove for St. Jude \$.....	Lido, 10 Mid
11:30am	Your Time: Friends of Bill W.....	Library, 5 Mid
11:45am	Detox for Energy & Weight Loss.....	Cloud 9 Spa, 12 Fwd

AFTERNOON

12:00pm	Game: Wheely Big Challenge.....	Ocean Plaza, 5 Aft
12:00pm	Fireball Raffle (18+) \$.....	Vista Casino, 4 Mid
12:15pm	Art Auction Registration.....	Limelight Lounge, 4 Aft
12:30pm	Fun Ship Family Games.....	Lido, 10 Mid
12:30pm	Your Time: Friends of Jimmy K.....	Library, 5 Mid
12:30pm	Grand Finale Art Auction.....	Limelight Lounge, 4 Aft
1:00pm	Guess That Classic TV Theme.....	Ocean Plaza, 5 Aft
1:00pm	Synchronized Swimming with Deon.....	Lido, 10 Mid
1:00pm	Ladies Free Pamper Party (18+).....	Cloud 9 Spa, 12 Fwd
1:00pm	Diamond & Tanzanite Flash Sale.....	Effy, 5 Fwd
1:00pm	Your Time: 18 - 20 Mixer (18-20).....	SportSquare Clubhouse, 12 Mid
1:15pm	IMAX: Deadpool & Wolverine (R) \$.....	IMAX Theatre, 7 Fwd
1:30pm	Progressive Trivia: Finals.....	Ocean Plaza, 5 Aft
1:30pm	\$25 Premium Whiskey Tasting (21+) \$.....	Piano Bar 88, 5 Mid
2:00pm	Trivia: Three Strikes.....	Ocean Plaza, 5 Aft
2:00pm	Free Massage Taster.....	Cloud 9 Spa, 12 Fwd
2:00pm	4 Free Wallet Photos.....	Pixels Gallery, 5 Mid
2:15pm	The World Works Here: Doors Open.....	Liquid Lounge, 4 & 5 Fwd
2:15pm	BINGO Card Sales \$.....	Liquid Lounge, 4 Fwd
2:45pm	Showtime: The World Works Here.....	Liquid Lounge, 4 & 5 Fwd
3:00pm	Fine Jewelry Auction.....	Effy, 5 Fwd
3:00pm	Improve Posture & Walk.....	Cloud 9 Spa, 12 Fwd
3:00pm	Veterans Table.....	Horizons Restaurant, 4 Aft
3:00pm	Red Frog Pub & Brewery Tour (21+) \$.....	RedFrog Pub & Brewery, 5 Mid
3:00pm	Rolex Watch Sale.....	Front Street Watches, 5 Fwd
3:00pm	Last Chance to Buy (21+).....	The Fun Shops, 4 Fwd
3:30pm	\$5,000 Jackpot BINGO \$.....	Liquid Lounge, 4 & 5 Fwd
3:45pm	IMAX: National Parks Adventure 3D (G) \$.....	IMAX Theatre, 7 Fwd
4:00pm	Free-Throw Challenge.....	Sports Court, 12 Aft
4:15pm	Camp Ocean Family Scavenger Hunt.....	Camp Ocean, 11 Mid
4:30pm	High Seas Karaoke.....	Ocean Plaza, 5 Aft
4:30pm	Free Play: Pub Games.....	RedFrog Pub & Brewery, 5 Mid
4:45pm	IMAX: Deep Sky \$.....	IMAX Theatre, 7 Fwd

EVENING

5:00pm	Trivia: Sports.....	RedFrog Pub & Brewery, 5 Mid
5:00pm	Invicta Watch Event.....	The Fun Shops, 4 & 5 Fwd
5:15pm	Bean Bag Tournament.....	SportSquare, 12 Mid
5:30pm	Trivia: Beer.....	RedFrog Pub & Brewery, 5 Mid
5:30pm	ProPortraits Photo Ops.....	Photo Ops, 3, 4 & 5 Mid
5:45pm	Doors Open: Comedy (PG).....	Limelight Lounge, 4 Aft
5:45pm	IMAX: Beetlejuice Beetlejuice (PG-13) \$.....	IMAX Theatre, 7 Fwd
6:15pm	Comedy: Just June (PG).....	Limelight Lounge, 4 Aft
6:15pm	4 Free Wallet Photos.....	Pixels Gallery, 5 Mid
6:30pm	Your Time: 40+ Mixer (40+).....	RedFrog Pub & Brewery, 5 Mid
6:30pm	Movie: IF (PG).....	Carnival Seaside Theater, 10 Mid

WHAT'S HAPPENING

EVENING (CONTINUED)

7:00pm	Doors Open: What's Age Got To Do With It...Liquid Lounge, 4 & 5 Fwd
7:15pm	Doors Open: Comedy (Explicit-18+).....Limelight Lounge, 4 Aft
7:30pm	What's Age Got To Do with It?.....Liquid Lounge, 4 & 5 Fwd
7:45pm	Comedy: R.T. Steckel (PG).....Limelight Lounge, 4 Aft
7:45pm	Deadpool & Wolverine 3D (R-18+) \$.....IMAX Theatre, 7 Fwd
8:30pm	Doors Open: Love & Marriage (18+).....Liquid Lounge, 4 & 5 Fwd
8:30pm	Your Time: LGBTQ+ Mixer (18+).....Alchemy Bar, 5 Mid
8:30pm	Your Time: Singles Mixer.....RedFrog Pub & Brewery, 5 Mid
8:30pm	Movie: The Hunger Games - The Ballad of Songbirds and Snakes (PG-13).....Carnival Seaside Theater, 10 Mid
9:00pm	Hold'Em Players Meet (18+).....Heroes Tribute Lounge, 4 Mid
9:00pm	Love & Marriage Show (18+).....Liquid Lounge, 4 & 5 Fwd
10:00pm	Doors Open: Comedy (R-18+).....Liquid Lounge, 4 Fwd
10:00pm	Night Owls (0-11) \$.....Camp Ocean, 11 Mid
10:15pm	IMAX: Beetlejuice Beetlejuice (PG-13) \$.....IMAX Theatre, 7 Fwd
10:30pm	Late Night Comedy Showcase (R-18+)...Liquid Lounge, 4 & 5 Fwd
11:00pm	Scratch & Spin (18+) \$.....Vista Casino, 4 Mid

FOOD

Continental Breakfast, Lido, 10 Aft.....	7:00am - 7:30am
Bluelguana Cantina, 10 Mid.....	7:30am - 10:30am
Lido Marketplace, 10 Mid.....	7:30am - 10:30am
Omelette Station, Lido Marketplace, 10 Mid.....	7:30am - 12:00pm
Thing 1 & Thing 2 Birthday Breakfast \$, Reflections Restaurant, 3 Fwd.....	8:30am
Sea Day Brunch, Horizons Restaurant, 3 Aft.....	8:30am - 12:00pm
Late Risers Buffet, Lido Marketplace, 10 Mid.....	10:30am - 12:00pm
Seafood Shack \$, 10 Aft.....	11:00am - 5:00pm
Bluelguana Cantina, 10 Mid.....	12:00pm - 2:30pm
Bonsai Sushi \$, 5 Mid.....	12:00pm - 2:30pm
Fresh Creations (21+), Serenity, 15 Fwd.....	12:00pm - 2:30pm
Guy's Pig & Anchor Smokehouse, 5 Mid.....	12:00pm - 2:30pm
Lido Marketplace, 10 Mid.....	12:00pm - 2:30pm
Mongolian Wok, 11 Aft.....	12:00pm - 2:30pm
Pasta Bar, 11 Aft.....	12:00pm - 2:30pm
Guy's Burger Joint, 10 Mid.....	12:00pm - 6:00pm
Seafood Shack \$, 10 Aft.....	5:00pm - 9:00pm
Bonsai Sushi \$, 5 Mid.....	5:00pm - 12:00am
Your Time Dining, Horizons Restaurant, 3 & 4 Aft.....	5:30pm - 9:00pm
Cucina del Capitano \$, 11 Aft.....	5:30pm - 9:30pm
Fahrenheit 555 Steakhouse \$, 5 Mid.....	5:30pm - 9:30pm
Ji Ji Asian Kitchen \$, 11 Aft.....	5:30pm - 9:30pm
Early Dining, Reflections Restaurant, 3 Fwd.....	6:00pm
Lido Marketplace, 10 Mid.....	6:00pm - 9:30pm
Late Dining, Reflections Restaurant, 3 Fwd.....	8:15pm
Pizzeria del Capitano, 10 Aft.....	9:00am - 4:00 am
Carnival Deli, 10 Aft.....	11:00am - 11:00pm
Swirls Soft Serve and FroYo, Swirls, 10 Mid.....	11:00am - 12:00am
Tea Time, Horizons Restaurant, 4 Aft.....	3:00pm - 4:00pm
Late Night Snacks, Lido Marketplace, 10 Mid.....	11:30pm - 1:00am

SEE ADDITIONAL INFORMATION AND OPENING TIMES IN THE CARNIVAL HUB APP.

HEALTH INFORMATION

To stay healthy, please wash your hands regularly with soap and water and use the hand sanitizers around the ship. Should you experience any symptoms of respiratory or gastrointestinal illness, please immediately return to your cabin and notify the medical staff by phoning 4444.

IMPORTANT:

A heartfelt thank you! We sincerely hope you've enjoyed the service during your cruise. As a reminder, gratuities were posted to your Sail & Sign® account. Special thanks for your gracious acknowledgement of your stateroom attendant and dining teams. Remember you are on a moving ship; use hand rails and watch your step. Secure loose items on gangways and open decks and do not discard items overboard. Have Fun. Be Safe.

FUNTIMES

ENJOY YOUR FUN FAREWELL DAY AT SEA AS WE HONOR MILITARY APPRECIATION DAY!

FRIDAY, SEPTEMBER 6, 2024
SUNRISE: 6:52AM | SUNSET: 7:40PM
TONIGHT'S ATTIRE: CRUISE CASUAL

TOP ENTERTAINMENT

\$5,000 JACKPOT BINGO

We've saved our biggest BINGO session for last! In game three, cover your card in 49 numbers or less and go back home \$5,000 richer! \$

9:15am BINGO Early Card Sales \$	Shake Spot, 5 Mid
2:15pm BINGO Card Sales \$	Liquid Lounge, 4 Fwd
3:30pm \$5,000 Jackpot BINGO \$	Liquid Lounge, 4 & 5 Fwd

MILITARY APPRECIATION GATHERING

We've got the flag raised in your honor in the Atrium, now it's time to join us for a special gathering as we honor the courage and commitment of our service members and recognize their families and loved ones. Hosted by your Cruise Director, Deon.

9:30am Liquid Lounge, 4 & 5 Fwd

TOWEL-FOLDING FUN

Let your stateroom attendant and entertainment team teach you how to take boring bath towels and turn them into fun, cuddly towel animals. Just make sure you have backups as well!

9:45am Ocean Plaza, 5 Aft

DEBARK TALK

Join your Cruise Director, Deon, for an important presentation on the ins and outs of the debarkation process, customs regulations and how to get off the ship early.

10:30am Liquid Lounge, 4 & 5 Fwd

GROOVE FOR ST. JUDE

Do good, feel good, help some kids... And get GROOVY! Sign up and your \$12 donation to St. Jude gets you a T-shirt, and participation in an exclusive dance event. \$

11:15am Lido, 10 Mid

THE WORLD WORKS HERE

The Carnival Family is made up of over 60 nationalities. Join your Cruise Director Deon as we proudly celebrate the power of diversity, inclusion, family and all things love with a special appearance from your Playlist Performers.

2:15pm Doors Open Liquid Lounge, 4 & 5 Fwd

2:45pm Showtime Liquid Lounge, 4 & 5 Fwd

WHAT'S AGE GOT TO DO WITH IT?

Calling all ages! Are you and a youngster the best family duo on board? Come for a chance to prove it in this hilarious family-fun game show, hosted by your Cruise Director!

7:30pm Liquid Lounge, 4 & 5 Fwd

LOVE & MARRIAGE SHOW


How well do you really know your better half? Join your Cruise Director, Deon, for this hilarious show with questions and sometimes shocking answers. (18+)

9:00pm Liquid Lounge, 4 & 5 Fwd



Get FunTimes on your phone!

www.CarnivalHubApp.com

 Carnival favorites | \$ Fees apply | Repeat show
All times based on ship's time.
Programming subject to change.

ALL IN A DAY'S PLAY

FOOD

THING 1 & THING 2 BIRTHDAY BREAKFAST

Join Thing 1, Thing 2 and friends for a one-of-a-kind breakfast celebration! Feast on "Green Eggs & Ham" and more. Reservations encouraged. Walk-ins welcome until event is full. \$ \$15 per adult / \$10 per child (14 and under) Dial 32323 8:30am Reflections Restaurant, 3 Fwd

CUCINA DEL CAPITANO

Sit down to a delectable family meal at an Italian countryside villa, in the middle of the ocean. Inspired by Carnival's own Italian heritage. Delizioso! \$ \$24 per person Dial 1174 5:30pm - 9:30pm Cucina del Capitano, 11 Aft

FAHRENHEIT 555 STEAKHOUSE

Offering USDA prime aged beef cooked to your exact specifications, plus amazing seafood, appetizers and an extensive wine list with a great atmosphere to match! \$ \$49 per person Dial 1178 5:30pm - 9:30pm Fahrenheit 555 Steakhouse, 5 Mid

DRINKS

You must be 21 years or older to be served alcohol on board. Proper identification is required.

MAKE IT A DOUBLE

Make it a double with an extra shot for only \$4 more! Enjoy it neat, on the rocks or with your favorite mixer. Talk about an awesome deal! (21+) \$

RED FROG PUB & BREWERY TOUR

Get a behind-the-scenes look into how we brew our own beer on board with our beer experts! Tour includes tasting and an awesome gift. Space is limited, sign up today! (21+) \$ 30 3:00pm RedFrog Pub & Brewery, 5 Mid

SHORE EXCURSIONS

CARNIVAL ADVENTURES, 3 FWD 10:00AM - 12:00PM

CARNIVAL AIRPORT TRANSPORTATION

Flying out debarkation morning? Catch a ride with us! Purchase your tickets on the Carnival HUB app, at Carnival Adventures or Guest Services until arrival. 10:00am - 12:00pm Carnival Adventures, 3 Fwd

SPA

FITNESS CENTER, 12 FWD 6:00AM - 9:00PM

CLOUD 9 SPA, 12 FWD 8:00AM - 8:00PM

DETOX FOR ENERGY & WEIGHT LOSS

Are you trying to lose weight, reduce cellulite, tone up, increase your energy or reduce bloating? Detoxification may be the solution you are looking for. 11:45am Cloud 9 Spa, 12 Fwd

LADIES FREE PAMPER PARTY

Join us for a fun, interactive & informative gathering and receive complimentary 5 steps-DIY facial, collagen skin treatments, free makeover and exclusive discounts for spa treatments. (18+) 1:00pm Cloud 9 Spa, 12 Fwd

MUSIC

LIDO, 10 MID

Deck Music with DJ Jack Whisky 11:15am - 12:30pm
Deck Music with DJ Koolio 12:30pm - 2:00pm
Steel Drum with Allan G 2:15pm - 3:00pm
Steel Drum with Allan G 3:15pm - 4:00pm
Steel Drum with Allan G 4:15pm - 5:00pm

ATRIUM LOBBY, 3 FWD

Variety Music with The Iliad Trio 4:45pm - 5:30pm
Best of the Cruise with The Iliad Trio 5:45pm - 6:30pm
Variety Music with The Iliad Trio 6:45pm - 7:30pm
Variety Music with Madeleine Acoustic Duo 7:45pm - 8:30pm
Variety Music with Madeleine Acoustic Duo 8:45pm - 9:30pm
Variety Music with Madeleine Acoustic Duo 9:45pm - 10:30pm

OCEAN PLAZA, 5 AFT

I Love the '80s with Vista Rockband 8:00pm - 8:45pm
I Love the '80s with Vista Rockband 9:00pm - 9:45pm
I Love the '80s with Vista Rockband 10:00pm - 10:45pm

HAVANA BAR, 5 AFT

Latin Party with Mambo Magic 8:15pm - 9:00pm
Latin Party with Mambo Magic 9:15pm - 10:00pm
Latin Party with Mambo Magic 10:15pm - 11:00pm

REDFROG PUB & BREWERY, 5 MID

Solo Guitar Sounds with Leo Furlan 8:30pm - 9:15pm
Solo Guitar Sounds with Leo Furlan 9:30pm - 10:15pm

LIMELIGHT LOUNGE, 4 AFT

Silent Nights 8:30pm - 10:15pm
Divas Hour with DJ Jack Whisky 11:00pm - 12:00am
Nightclub Hits with DJ Jack Whisky 12:00am - 12:30am
Nightclub Hits with DJ Koolio 12:30am - Late

PIANO BAR 88, 5 MID

Piano Bar Fun with Rokstedy 9:00pm - 11:00pm
Piano Bar Fun with Rokstedy 11:00pm - Late

MOVIES

IMAX THEATRE

Movies come to life through a larger-than-life screen and immersive sound system. Get ready to be blown away with this one-of-a-kind, jaw-dropping movie experience! \$
Beetlejuice Beetlejuice, PG-13, 1:44 hrs 11:00am
Deadpool and Wolverine, R, 2:07 hrs 1:15pm
National Parks Adventure 3D, G, 0:43 hrs 3:45pm
Deep Sky, G, 43 min. 4:45pm
Beetlejuice Beetlejuice, PG-13, 1:44 hrs 5:45pm
Deadpool and Wolverine 3D, R, 2:07 hrs 7:45pm
Beetlejuice Beetlejuice, PG-13, 1:44 hrs 10:15pm
IMAX Theatre, 7 Fwd

DIVE-IN MOVIES

Ready to see stars? Park yourself in front of the big screen - the really big screen - and settle in for a Dive-In Movie at Carnival Seaside Theater™.
IF, PG, 1:44 hrs 6:30pm
The Hunger Games - The Ballad of Songbirds and Snakes, PG-13, 2:37 hrs 8:30pm
Carnival Seaside Theater, 10 Mid

CASINO

VISTA SLOTS, 4 MID

VISTA TABLES, 4 MID

SCRATCH-OFFS: BUNDLES OF FUN

Ready to try our Bundle Promotion? Buy \$25 of scratch-offs and get one \$5 scratch-off free. You could scratch your way to a richer you! (18+) \$

FIREBALL RAFFLE

Earn 100 points before the drawing for your chance to win in this progressive raffle! Must be present to win. (18+) \$ 12:00pm Vista Casino, 4 Mid

SCRATCH & SPIN

It's not every day you get a 2nd chance to win! Drop your non-winning scratch-off for a chance to be one of 3 lucky winners to spin the prize wheel. Must be present to win. (18+) \$ 11:00pm Vista Casino, 4 Mid

UNTIL LATE

10:00AM - LATE

SHOPPING

DON'T WAIT! GET YOUR PRO-PORTRAIT PACKAGE TODAY!

If our pros took your photo, it's time to see the results! Get your favorite 12 or 25 digital portrait downloads and save up to 20%. Plus, take home some awesome souvenir gifts. Visit Pixels gallery today and ask any of our friendly photographers how you can save even more. Pixels Gallery, 5 Mid

LAST CHANCE FOR PHOTOS

Today's the last day to get your photos! Be sure to have your photos printed before 3:00pm. Purchase and download your photos from the Carnival HUB app before midnight!

MORNING MIMOSAS AT EFFY

Feeling fancy? Start your morning with mimosas at EFFY as we toast to your cruise vacation and celebrate life, love and diamonds. Save up to 50% off US retail prices. (21+) 9:15am Effy, 5 Fwd

2 FOR \$30 T-SHIRTS

Don't miss your chance to grab some souvenir T-shirts from your favorite cruise destinations. At just 2 for \$30, it's easy to take home one from each port of call! 9:30am Lido, 10 Fwd

WIN A CRUISE

Stop by the Carnival Insider's desk and learn how you can enter for a chance to win a Carnival Cruise for two. No purchase necessary. Age restrictions apply. Good luck! 10:15am - 10:45am Effy, 5 Fwd

EFFY CLEARANCE SALE

Calling all bargain shoppers! Join us for our final call event with never-before-seen merchandise and prices up to 60% off. Don't miss out! 11:00am Effy, 5 Fwd

GRAND FINALE ART AUCTION

We've saved the best for last. Our fast, fun, final auction will definitely become your new favorite cruise tradition. New art, new traditions, gifts. Be there!
12:15pm Art Auction Registration Lighthouse Lounge, 4 Aft
12:30pm Grand Finale Art Auction Lighthouse Lounge, 4 Aft

FINE JEWELRY AUCTION

Going once, going twice, sold! Come on over for a fun and exciting EFFY fine jewelry auction. Bidding starts at only \$50. All attendees will receive a free pendant and chain. 3:00pm Effy, 5 Fwd

PHOTO PICK UP DESK, 5 MID

9:00AM - 10:30PM

PIXELS GALLERY, 5 MID

9:00AM - 10:45PM

CHERRY ON TOP, 4 FWD

9:00AM - 11:00PM

HIPFISH ACCESSORIES, 5 FWD

9:00AM - 11:00PM

ISLAND TRADERS, 5 FWD

9:00AM - 11:00PM

PORTSIDE LIQUOR AND TOBACCO, 4 FWD

9:00AM - 11:00PM

9:00AM - 11:00PM

SEA BREEZE, 5 FWD

9:00AM - 11:00PM

THE FUN SHOPS, 4 & 5 FWD

9:00AM - 11:00PM

THE FUN SHOPS, 5 FWD

9:00AM - 11:00PM

THE FUN SHOPS, 4 FWD

9:00AM - 11:00PM

THE MAIN EVENT, 5 FWD

9:00AM - 11:00PM

10:00AM - 12:00PM

CARNIVAL ADVENTURES, 4 FWD

1:00PM - 6:00PM

CARNIVAL ADVENTURES, 4 FWD

7:00PM - 9:00PM

FRONT STREET WATCHES, 5 FWD

9:00PM - 11:00PM

KIDS & TEENS

Find Camp Ocean, Circle "C" & Club O2's schedules in the Carnival HUB app.

DR. SEUSS BOOKVILLE, 11 MID

8:00AM - 12:00AM

SHOWTIME: THE WORLD WORKS HERE

The Carnival Family is made up of over 60 nationalities. Join your Cruise Director Deon as we proudly celebrate the power of diversity, inclusion, family and all things love with a special appearance from your Playlist Performers. 2:45pm - 3:15pm Liquid Lounge, 4 & 5 Fwd

YOU'RE WELCOME TO USE YOUR DECK CHAIR, AS LONG AS YOU'RE IN IT

To respect other Guests' need for sun, please do not reserve deck chairs. After 40 minutes, towels and personal belongings will be removed and kept safely at the towel station.